

The Diocese of Jamaica & The Cayman Islands

Established 1824

St. Ann's Bay Cure
St. Anne's: 8:00am

First Sunday in Lent
Year C
March 9, 2025



Theme for 2025
DISCIPLING EVERY GENERATION

Our Mission

*We are Disciples of Christ making the love of God known through our
Witness and service in all we think, say and do*

Theme for 2025: Discipling Every Generation

Theme for First Sunday in Lent

Protection Comes From God through His Grace and Our Obedience

Sing CPWI, 495

Opening prayer: Lord, You are the preserver and the keeper of our lives. We commit ourselves into Your perfect care in this act of studying your word. Give your angels charge to keep us in all our ways and in all our discussions. Let no harm come to our dwellings and although we are uncertain of the days ahead, may we be assured of your presence in any event so that we can face the event with patience and understanding. Bless us now O Lord, as we go through this Lenten Study and may we complete it successfully under Your ever watchful care and direction. Amen.

1. As parents we try to protect our children. What impacts the success of our efforts?
2. Given the responses to the question above, should we always blame God for the difficulties that we face? (Give reasons for your answer.)
3. Do you agree or disagree with the following quote- Our worse days are never so bad that they are beyond the reach of God's Grace. (Give reasons for your answer.)

Discuss the following:

4. How did God provide protection for the Israelites as they journeyed in the desert (ref: Exodus 14: 19-20), for David when being chased by King Saul (Ref: 1 Samuel 23:25), for Daniel and the three Hebrew children in Babylon (ref: Daniel 3), for Peter in jail (ref: Acts 12:9). for Paul and Silas in prison (ref: Acts 16:25-26), for Jesus in the wilderness (ref: Luke 4:1-13)?
5. How did the obedience of these servants of God help their cause?
6. Can God protect us? (Give reasons for your answer)
7. How does the level of our obedience to God's call on our lives affect the protection that God affords?
8. Read Isaiah 54:17 – we have all heard this quote or seen it posted publicly. What part of the quote is often overlooked and what are the implications for the assurance being offered?
9. Read Psalm 46:1.
 - a. What does the psalmist confession reveal?
 - b. What does that mean for us?
 - c. How does that differ from what most Christians expect to experience?

Read Psalm 91

Many Jamaicans say this psalm daily and designate it a psalm of protection.

10. When you examine the psalm, to whom is the protection offered?
11. Do all the people who pray the psalm qualify for the protection? (Give reasons for your answer.)
12. What is the ultimate protection that God affords us?
13. How do we access that protection?
14. In view of all your discussions, what is your definition of the grace of God?
15. Are there conditions to experience that grace?
16. Can those who are not disciples of Jesus Christ, truly experience that grace? (Give reasons for your answer.)

17. Any other remarks?

18. Close with Chorus “Your Grace and Mercy” followed by the Collect for Lent 1.

ORDER OF THE LITURGY

Hymn: CPWI 114, Forty Days and Forty Nights (Francis Pott)

Forty days and forty nights
Thou wast fasting in the wild;
Forty days and forty nights
Tempted, and yet undefiled.

Sunbeams scorching all the day;
Chilly dew-drops nightly shed;
Prowling beasts about Thy way;
Stones Thy pillow; earth Thy bed.

Shall not we Thy sorrow share
And from worldly joys abstain,
Fasting with unceasing prayer,
Glad with Thee to suffer pain?

And if Satan, vexing sore,
Flesh or spirit should assail,
Thou ,his Vanquisher before,
Grant we may not faint nor fall!

So shall we have peace divine:
Holier gladness ours shall be;
Round us, too, shall angels shine,
Such as ministered to Thee.

Keep, O keep us, Savior dear,
Ever constant by Thy side;
That with Thee we may appear
At th’ eternal Eastertide.

THE GREETING

Opening Sentence

V. Blessed be God: Father, Son and Holy Spirit. Alleluia! Alleluia!

R. And blessed be His Kingdom, now and forever. Amen. Alleluia! Alleluia!

OPENING PRAYER

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may

perfectly love you, and worthily magnify your Holy Name, through Christ our Lord. Amen.

Nine Fold Kyrie

**Lord, have mercy. Lord, have mercy. Lord, have mercy
Christ, have mercy. Christ, have mercy. Christ, have mercy
Lord, have mercy. Lord, have mercy. Lord, have mercy**

Collect: Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

FIRST READING: Deuteronomy 26: 1-11 (Anthony Lowe)

Psalm 91: 1-2, 9-16

- 1 He who dwells in the shelter of the Most High, *
abides under the shadow of the Almighty.
- 2 He shall say to the LORD,
"You are my refuge and my stronghold, *
my God in whom I put my trust."
- 9 Because you have made the LORD your refuge, *
and the Most High your habitation,
- 10 There shall no evil happen to you, *
neither shall any plague come near your dwelling.
- 11 For he shall give his angels charge over you, *
to keep you in all your ways.
- 12 They shall bear you in their hands, *
lest you dash your foot against a stone.
- 13 You shall tread upon the lion and adder; *
you shall trample the young lion and the serpent under your feet.
- 14 Because he is bound to me in love,
therefore will I deliver him; *
I will protect him, because he knows my Name.
- 15 He shall call upon me, and I will answer him; *
I am with him in trouble;
I will rescue him and bring him to honor.
- 16 With long life will I satisfy him, *
and show him my salvation.

**Give glory to the Father, Son,
And Spirit equally;
As from the first it was, is now,**

And evermore shall be.

SECOND READING: Romans 10:8b-13 (Dorothy Christie)

Gradual Hymn: CPWI 406 Be Thou My Guardian

Be thou my guardian and my guide,
and hear me when I call;
let not my slippery footsteps slide,
and hold me lest I fall.

The world, the flesh, and Satan dwell
around the path I tread;
O save me from the snares of hell,
thou Quickener of the dead.

And if I tempted am to sin,
and outward things are strong,
do thou, O Lord, keep watch within,
and save my soul from wrong.

Still let me ever watch and pray,
and feel that I am frail;
that if the tempter cross my way,
yet he may not prevail.

The Gospel: Luke 4:1-13

Chorus: **Open our Eyes Lord**
 Open Our eyes Lord
 We want to see Jesus
 To reach out and touch Him
 And say that we love Him
 Open our ears Lord
 And Help us to listen
 Open our eyes Lord
 We want to see Jesus

THE SERMON: Maxie Monteith

AFTER SERMON: CPWI 463 Come, Thou Fount

Come, thou fount of every blessing,
tune my heart to sing thy praise!
Streams of mercy never ceasing,
call for songs of loudest praise.
Teach me some melodious sonnet,

sung by flaming tongues above.
Praise the mount! Oh, fix me on it,
mount of God's unchanging love.

Here I find my greatest treasure;
hither, by thy help, I've come;
and I hope, by thy good pleasure,
safely to arrive at home.
Jesus sought me when a stranger
wandering from the fold of God;
he, to rescue me from danger,
interposed his precious blood.

Oh, to grace how great a debtor
daily I'm constrained to be!
Let thy goodness, like a fetter,
bind my wandering heart to thee:
prone to wander, Lord, I feel it,
prone to leave the God I love;
here's my heart, oh, take and seal it,
seal it for thy courts above.

THE PRAYERS OF THE PEOPLE: (BCP, 108), BCP, 79 (Jacqueline Buchanan)

FORM C

LEADER

With all our heart and all our mind let us pray to the Lord, saying, "Lord have mercy."

LEADER

For the peace from above, for the loving kindness of God, and for the salvation of our souls:
Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For the peace and welfare of the world, for the witness and work of the Church, and for the unity
of all peoples:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For our Bishops and all ministers of God's Word and Sacraments, that they may be filled with
truth and love and be found without fault at the Lord's coming:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For the leaders of the nations and for those in authority among us, that they may serve justice and promote the freedom and dignity of all peoples:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For the victims of hunger, fear, injustice and oppression, and for all who labour in the cause of human liberation and fulfilment:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For the sick, the suffering, the sorrowful, and the dying; and for all who remember and care for them:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For deliverance from the ravages of hurricane, earthquake, drought or flood, and for a just and proper use of God's creation:

Let us pray to the Lord.

ALL: Lord, have mercy.

LEADER

For ourselves and all who confess the name of Christ, that we may show forth the excellencies of Him who called us out of darkness into His marvellous light:

Let us pray to the Lord.

ALL: Lord, have mercy.

Silence may be kept.

ALL

O Lord our God, accept the fervent prayers of your people in the multitude of your mercies. Look with compassion on us and all who turn to you for help; for you are gracious O Lord of love, and to you we give glory, Father, Son and Holy Spirit, now and for ever. Amen.

All: Almighty God, giver of every good gift: Look graciously on Your Church, and so guide the minds of those who shall choose a bishop for this Diocese, that we may receive a faithful pastor, who will care for Your people and equip us for our ministries: through Jesus Christ our Lord. Amen.

ACT OF PENITENCE

PRESIDENT: If we say we have no sin, we deceive ourselves, and the truth is not in us. If we

confess our sins, God is faithful and just, and will forgive our sins, and cleanse us from all unrighteousness.

A period of silence shall be kept.

PRESIDENT: Let us therefore confess our sins.

FORM A

ALL: Almighty God, our Heavenly Father, we have sinned against you and one another, in thought, word and deed, and in what we have left undone. We are sorry and repent of all our sins. For your Son, our Lord Jesus Christ's sake, forgive us all that is past, and grant that we may serve you in newness of life to the glory of your Name. Amen.

THE ABSOLUTION

PRESIDENT: Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

FORM B

PRESIDENT

If you are offering your gift at the altar, and there remember that your brother has something against you.

ALL

leave your gift there before the altar and go; first he reconciled to your brother, and then come and offer your gift.

Offertory: CPWI All I Once Held

1. All I once held dear, built my life upon,
All this world reveres, and wars to own.
All I once thought gain I have counted loss,
Spent and worthless now, compared to this.

*Knowing You, Jesus, knowing You,
There is no greater thing.
You're my all, You're the best,
You're my joy, my righteousness,
And I love You, Lord.*

2. Now my heart's desire is to know You more,
To be found in You and known as Yours,
To possess by faith what I could not earn,
All-surpassing gift of righteousness.

3. Oh, to know the power of Your risen life,
And to know You in Your sufferings,
To become like You in Your death, my Lord,
So with You to live and never die.

THE PRESENTATION OF THE OFFERINGS:

Father, we offer you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit a reasonable, holy, and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

THE EUCHARISTIC PRAYER

President: The Lord be with you.

All: And also with you.

President: Lift up your hearts.

All: We lift them up to the Lord.

President: Let us give thanks to the Lord our God

All: It is right to give God thanks and praise.

PRESIDENT: It is right, and a good and joyful thing, always and everywhere to give you thanks, Father almighty, everlasting God: ... Therefore, we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

ALL

**Holy, holy, holy Lord,
God of power and might;
heaven and earth are full of your glory,
Hosanna in the highest!
Blessed is He who comes
in the name of the Lord,
Hosanna in the Highest!**

Form D

PRESIDENT

All glory, praise, and thanksgiving be unto you, O Lord, Holy Father, Almighty, Everlasting God, you created the world and all mankind, and of your tender mercy gave your only Son Jesus Christ to take our nature upon Him, and to suffer death upon the cross, for our redemption. He made there, by His own oblation of Himself once offered, a full, perfect, and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; and He instituted, and in His holy Gospel commanded us to continue, a perpetual memory of His precious death, until His coming again.

Hear us, O merciful Father, we most humbly beseech you; and he pleased to accept, bless and sanctify these gifts and creatures of bread and wine, that they may be for us the Body and Blood of your Son, our Saviour Jesus Christ,

For, on the night He was betrayed
He took bread, and when He had given thanks to you,
He broke it and gave it to His disciples and said:
“Take this, and eat it:
This is my Body which is given for you.
Do this for the remembrance of me”.

And after supper He took the cup of wine:
and when He had given thanks,
He gave it to them and said:
“Drink this, all of you:
This is my Blood of the New Covenant,
which is shed for you and for many
for the forgiveness of sins,
Whenever you drink it,
do this for the remembrance of me.”

PRESIDENT

In faith we acclaim You, O Christ

ALL:

Dying You destroyed our death;

Rising You restored our life;

Christ Jesus, come in glory.

Now therefore, O Lord and heavenly Father, we your servants with all your holy people, having in remembrance the blessed passion, mighty resurrection, and glorious ascension of your beloved Son, do offer unto your Divine Majesty this Bread of eternal life and this Cup of everlasting salvation, rendering thanks to you for the wonderful redemption which you have made possible for us in Him.

And we beseech you O Father, to accept upon your heavenly altar this sacrifice of praise and thanksgiving: and to grant that by the merits and death of your Son Jesus Christ, and through faith in His blood, we and all your whole Church may obtain remission of our sins and all other benefits of His passion.

And we pray that by the power of your Holy Spirit all who shall be partakers of this holy Communion may be filled with your grace and heavenly benediction, and be numbered in the glorious company of your Saints.

And here we offer and present unto you O Lord, ourselves, our souls and bodies, to be a reasonable, holy and lively sacrifice.

And although we are unworthy to offer unto you any sacrifice, yet we beseech you to accept this, our bounden duty and service, not weighing our merits but pardoning our offenses;

Through Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be unto you, O Father Almighty, throughout all ages, world without end.

PEOPLE: **Amen.**

THE LORD'S PRAYER

President: As our Saviour has taught us so we pray...

THE BREAKING OF THE BREAD:

PRESIDENT: We break this bread to share in the body of Christ.

ALL: **Though we are many, we are one body, because we all share in one bread.**

THE AGNUS DEI

Lamb of God, you take away the sin of the world, have mercy on us

Lamb of God, you take away the sin of the world, have mercy on us

Lamb of God, you take away the sin of the world, grant us peace

THE INVITATION:

Form C

PRESIDENT

Draw near and receive the Body and Blood of our Saviour Jesus Christ with Faith and thanksgiving.

ALL

We do not presume to come to this your table, most merciful Father, trusting in our own righteousness, but only in your boundless mercy. We are not even worthy to gather up the crumbs under your table. But you are the Lord ever the same, ever merciful. Grant therefore, Lord of grace and love, that we may so eat the flesh of your dear Son Jesus Christ and drink His blood, that with bodies and souls made clean from every stain of sin we may evermore dwell in Him, and He in us.

HYMNS DURING COMMUNION

CPWI 110, All Ye Who Seek

All ye who seek for sure relief
in trouble and distress,
whatever sorrow vex the mind,
or guilt the soul oppress.

Jesus, who gave himself for you
upon the Cross to die,

opens to you his sacred heart;
O to that heart draw nigh.

Ye hear how kindly he invites;
ye hear his words so blest;
"All ye that labor come to me,
and I will give you rest."

O Jesus, joy of saints on high,
thou hope of sinners here,
attracted by those loving words
to thee we lift our prayer.

Wash thou our wounds in that dear blood
which from thy heart doth flow;
a new and contrite heart on all
who cry to thee bestow.

CPWI 120, My Spirit
My spirit longs for thee,
within my troubled breast,
though I unworthy be
of so divine a Guest.

Of so divine a Guest
unworthy though I be,
yet has my heart no rest
unless it come from thee.

Unless it come from thee,
in vain I look around;
in all that I can see
no rest is to be found.

No rest is to be found
but in thy blessed love;
O let my wish be crowned
and send it from above.

CPWI 619, Soul of My Saviour
Soul of my Saviour, sanctify my breast,
body of Christ, be thou my saving guest,
blood of my Saviour, bathe me in thy tide,
wash me with water flowing from thy side.

Strength and protection may thy passion be,
O blessed Jesu, hear and answer me;

deep in thy wounds, Lord, hide and shelter me,
so shall I never, never part from thee.

Guard and defend me from the foe malign,
in death's dread moments make me only thine;
call me and bid me come to thee on high
where I may praise thee with thy saints for ay.

CPWI 491 What a Friend

What a Friend we have in Jesus,
all our sins and griefs to bear!
What a privilege to carry
everything to God in prayer!
O what peace we often forfeit,
O what needless pain we bear,
All because we do not carry
everything to God in prayer.

Have we trials and temptations?
Is there trouble anywhere?
We should never be discouraged;
take it to the Lord in prayer.
Can we find a friend so faithful
who will all our sorrows share?
Jesus knows our every weakness;
take it to the Lord in prayer.

Are we weak and heavy laden,
cumbered with a load of care?
Precious Saviour, still our refuge,
take it to the Lord in prayer.
Do your friends despise, forsake you?
Take it to the Lord in prayer!
In His arms He'll take and shield thee;
thou wilt find a solace there.

Ablution: CPWI 253, How Sweet The Name

How sweet the name of Jesus sounds
in a believer's ear!
It soothes his sorrows, heals his wounds,
and drives away his fear.

It makes the wounded spirit whole,
and calms the troubled breast;
'tis manna to the hungry soul,

and to the weary rest.

Dear name! The rock on which I build,
my shield and hiding-place,
my never-failing treasury filled
with boundless stores of grace.

Jesus! My Shepherd, Brother, Friend,
my Prophet, Priest, and King,
my Lord, my Life, my Way, my End,
accept the praise I bring.

Weak is the effort of my heart,
and cold my warmest thought;
but when I see thee as thou art,
I'll praise thee as I ought.

Till then I would thy love proclaim
with every fleeting breath;
and may the music of thy name
refresh my soul in death.

POST COMMUNION PRAYER:

All: Almighty Father, we thank you for feeding us with the Body and Blood of your Son Jesus Christ. May we who share His Body live His risen life; we who drink His cup bring life to others; we upon whom your Spirit shines give light to the world. Help us to continue in faithful witness to your Word, so we and all your children shall be free, and the whole earth live to praise your Name, through Christ our Lord. Amen.

Recessional Hymn: 424, Lead Us

Lead us, heavenly Father, lead us
o'er the world's tempestuous sea;
guard us, guide us, keep us, feed us,
for we have no help but thee;
yet possessing every blessing,
if our God our Father be.

Saviour, breathe forgiveness o'er us,
all our weakness thou dost know;
thou didst tread this earth before us,
thou didst feel its keenest woe;
lone and dreary, faint and weary,
through the desert thou didst go.

Spirit of our God, descending,
fill our hearts with heavenly joy,
love with every passion blending,

pleasure that can never cloy;
thus provided, pardoned, guided,
nothing can our peace destroy.

Prayerful Support

These are our sick and shut-in members. Remember to pray for them as well as those who care for them.

Sick: Andrea Beckford, Fitzgerald Boyd, Clifford Bradford, Vinetta Brown, Renford Davis, Cynthia Dexter, Fay Dickens, Dorrell Fletcher, Lenworth Garel, Agatha Harrison, Leslie Latham, Hugh Lyon, Rev. Fr. Horace Richards, George Simpson (hospital), Myrtle Thomas (hospital).

Shut-in- Leslene Duncan, Karl and Joy Fuller, Lillian Graham, Hyacinth Grierson, Kenneth and Gwendolyn Hamilton, Florence Higgins, Olive Johnson, Canon Glenbert & Sr. Shirley Prince, Doreen Reid, Winnifred Simpson, Gwen Warren.

St. Saviour's, Lime Hall

Sick & Shut-in: Terrlyn Lugg, Myrtle Trusty, Evelyn Anglin, Eileen Gaynor, Hilda Jones, Winifred Senior, Kingsley Coke, Karlene Brown, Linet Robinson.

Out of Parish: Aubrey (Bobby) Creary, Lorrel Asher

St Agnes', Priory

Sick & Shut-in: Christine Demmitt, Veronica Comrie, Winsome Douglas, Maudlyn Dyer, Merlene Higgins, Phyllis Rose, Geneva Martin, Minette Jarrett, Gladys Carter. “

He heals the broken hearted and supports those who are weary

Reflection

You need not be a Christian to build houses, feed the hungry, or heal the sick. There is only one thing the world cannot do. It cannot offer grace

Gordon MacDonald,”

“Birthdays: March 9, March 15, 2025

Karen Parkins	10
Stanford Davis	11
Violet Palmer-Phillips	11
Vinetta Brown	12
Dorothy Christie	13
Nicole Breanna Palmer	13
Constance Hallett	14
Jeffrey Paul	15

ANNIVERSARY 2025

Warren/ Ann Richmond 10 36years

WELCOME & NOTICES

1. We welcome all to church, especially our guests, and we ask that you continue to keep safe and share love with others
2. We thank the Outreach Team and Donors as they assist the most vulnerable. We continue our collections on first Sundays.
3. We have Mass on Wednesday at 7am. This is followed by Bible Study. We have Bible Study on Wednesday evenings at 6pm-face to face and on Zoom.
4. All adults 20-45 are invited to Youth Connect (formerly Millennials Mingle) every second Friday at 7pm at St. Ann Parish Church Hall.
5. AYF is every Sunday at 5:15pm. Persons 12-25 are invited.
6. Confirmation classes continue every Sunday at 4pm.
7. We thank Windsor Height group for cleaning. Runaway Bay group is on duty in the month of March.
8. Our Church Committee is on Monday, March 10th at 6:00pm.
9. We offer prayer support to Royes family as they mourn the death of Lorraine Royes.
10. We offer prayerful support to Janet Lewis whose mother Edna Carnegie has died. Funeral service is on Saturday, March 29th at St. Ann Parish Church @ 10am.
11. We offer prayerful support to Audrey Hyde whose father has died. Funeral service is on Saturday, March 15th at 11am at Lauriston United Church, Davis Town.
12. Our pre-synod meeting is on Saturday, April 5, 2025 at Holy Trinity, Montego Bay. All attorneys and synod reps are to be present.
13. Our Annual Healing Conference is at Royalton, Negril from May 30 to June 1. Details are on the Notice Board.
14. Anglican Women's Cursillo is May 15-18, 2025. Anglican Men's Cursillo is June 19-22, 2025. Please speak with Connie or Rev for details.

Second Sunday In Lent: March 16, 2025 (Purple)

First Reading: Genesis 15:1-12, 17-18

Second Reading: Philippians 3:17-4:1

Psalm: 27

Prayers: Form D

Gospel: Luke 13:31-35

St. Ann Parish Church

Office-972-1021

(Mondays, Wednesday and Thursday: 10am—5pm)

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People's Warden— Ms. Nesta Lowe 876-378-5969

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Secretary—Miss. Margaret Tait 876-808-9681

Caretaker - Mr. Jeffrey Paul 876-889-7966

